



# Extreme Leadership Self-Leadership Part 2

Extreme Leadership is \_\_\_\_\_, courageous influence that inspires lasting greatness in others.

When there is a problem in our lives we go to \_\_\_\_\_ and \_\_\_\_\_ for support.

\_\_\_\_\_ yourself to solve problems.

## **Discussion Questions:**

For the next 3-5 minutes evaluate the questions below, then share your responses.

On a scale of 1-10, how well do you solve problems in the area of personal relationships?

Why did you give yourself this rating?

What benefits would you receive if you improve your rating?

Who do you go to when you have a problem? What do you admire about this person?

What specific actions can you apply immediately to improve your rating?