



# Extreme Leadership Influencing Part 2

Extreme Leadership is \_\_\_\_\_, courageous influence that inspires lasting greatness in others.

Our influence is not always the \_\_\_\_\_ we say.

\_\_\_\_\_ how your body language comes across.

## **Discussion Questions:**

For the next 3-5 minutes evaluate the questions below, then share your responses.

On a scale of 1-10, how positive is your non-verbal communication?

Why did you give yourself this rating?

What benefits would you receive if you improve your rating?

Who do you know that shows positive body language? What do you admire about this person?

What specific actions can you apply immediately to improve your rating?