



High Performance Mindset Perceptions Part 3

High Performance Mindset is defined as the deliberate pursuit of being our best
_____ of our circumstances.

Our outward _____ is largely going to attribute to how others perceive us.

We can _____.

Discussion Questions:

For the next 3-5 minutes evaluate the questions below, then share your responses.

On a scale of 1-10, How clear are you on how others perceive you?
1 2 3 4 5 6 7 8 9 10

Why did you give yourself this rating?

What benefits would you receive if you improve your rating?

Who do you know that is clear on how they are perceived by others? What do you admire about this person?

What specific actions can you apply immediately to improve your rating?