



High Performance Mindset Attitudes Part 3

High Performance Mindset is defined as the _____ pursuit of being our best regardless of our circumstances.

Put off an _____ that helps you perform at a higher level.

What decisions are we making before the bad _____ arrives?

Discussion Questions:

For the next 3-5 minutes evaluate the questions below, then share your responses.

On a scale of 1-10, how well do you prepare yourself to have an excellent attitude?
1 2 3 4 5 6 7 8 9 10

Why did you give yourself this rating?

What benefits would you receive if you improve your rating?

Who do you know that prepares themselves to have a positive attitude? What do you admire about this person?

What specific actions can you apply immediately to improve your rating?