



# High Performance Mindset Attitudes Part 2

High Performance Mindset is defined as the deliberate pursuit of being our best regardless of our \_\_\_\_\_.

\_\_\_\_\_ value vs. \_\_\_\_\_ value

The value adding attitude is not \_\_\_\_\_.

## **Discussion Questions:**

For the next 3-5 minutes evaluate the questions below, then share your responses.

On a scale of 1-10, how well do you add value to your team?

1 2 3 4 5 6 7 8 9 10

Why did you give yourself this rating?

What benefits would you receive if you improve your rating?

Who do you know that adds value to their team? What do you admire about this person?

What specific actions can you apply immediately to improve your rating?